10 Facts 2B Nicotine Free

Smoking causes

480,000

RIP

deaths each year in the United States.

Most vapes contain nicotine which is highly addictive and can harm the adolescent brain Using nicotine in adolescence may also increase your risk for becoming addicted to other drugs in the future.

Smoking takes a toll on our nation's economy too, costing more than

\$300 billion

if people keep smoking at the rate they are today,

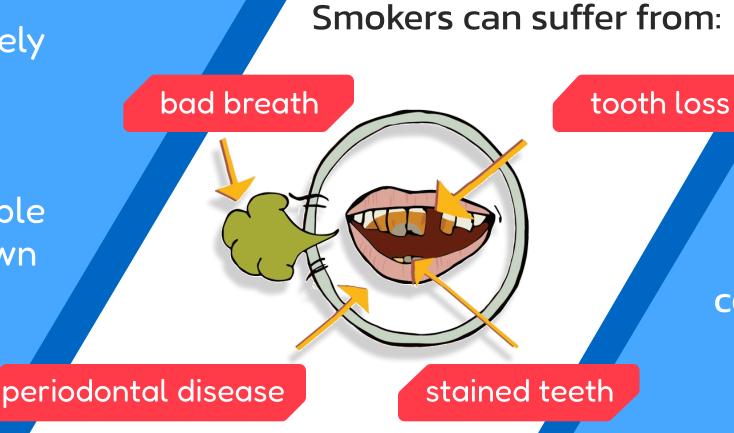


A year in direct medical care and lost productivity

of lung cancer deaths are due to smoking. of your former classmates will die early from a smoking-related illness.

1 in 13

Vaping negatively impacts our environment. More than 150 Million disposable vapes are thrown out every year.



Using nicotine in adolescence can harm parts of the brain that control your attention, learning, mood and impulse control.





Nearly 9 out of 10 adults who smoke cigarettes daily first try smoking by the age of 18.

90%

For a list of references, please visit: Health Effects of Cigarette Smoking | CDC, Quick Facts on the Risks of E-cigarettes for Kids, Teens, and Young Adults | CDC, Youth and Tobacco Use | Smoking and Tobacco Use | CDC, Costs and Expenditures (cdc.gov)